

## Informed consent form

Op. Dr. Oytun İdil (Estetik plastik cerrahi) / + 90 533 5690649 / oytunmd@gmail.com

## PATIENT INFORMATION AND CONSENT FORM TOTAL PENIS SHAFT ROTATION CORRECTION SURGERY

(a developmental disorder that causes a disturbance in the posture of the penis correction surgery)

PATIENT'S NA	ME, SUI	RNAME:
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AGE:

DATE OF INFORMATION:

ADDRESS:

This form will inform you about the risks, process and results of TOTAL PENIS SHAFT ROTATION CORRECTION OPERATION and will enlighten you about alternative treatments. Please read it carefully, sign each page, and ask your doctor if you have any questions or do not understand anything.

This surgery is performed to correct the "total penile shaft rotation deformation" which causes distortion in the posture of the penis. In this deformation, the penis tissue fuses incorrectly to the pelvic bone as a result of a developmental disorder in the womb (during the embryo period). The penis stands sideways because it fuses sideways. When the penis is viewed from the front, it is seen that the penis is turned to the right or left. The operation is actually very similar to penis enlargement surgery.

In penis enlargement surgery, the suspensory ligament is not completely cut. The suspensory ligament is cut up to 80% and the remaining part of the penis can be shifted out as it is freed from the pelvis. In total penis shaft rotation, the suspensory ligament is completely cut. The penile tissue is completely separated from the pelvis where it is fused incorrectly. The sideways position is corrected by rotating the penis and reattached to the pelvis (with the penis in the correct position). Thus, the posture is corrected. At

the end of the operation, there will be a zigzag or inverted "Y" shaped suture scar on the skin due to the cutting of the suspensory ligament on the dorsal part of the base of the penis.

ALTERNATIVE TREATMENT

The only way to correct total penile shaft rotation is to cut the suspensory ligament and reattach it after correcting the posture of the penis. There is no non-surgical alternative treatment or any other surgical treatment.

BEFORE SURGERY

The anaesthetist will evaluate the patient before surgery. He will examine and ask some questions. He/she will carry out the tests and investigations he/she deems necessary to avoid any problems. Tell your doctor if you have a known or suspected disease (such as heart disease, high blood pressure, diabetes), a symptom or an allergy (such as to medicines, medical materials such as plasters or food). Describe any previous operations, procedures or medical problems.

## **ANESTHESIA**

**OPERATION** 

This operation is performed under anaesthesia. general In the operating theatre, the patient's heart rate and blood oxygen level are continuously monitored by electronic devices during the operation. Allergy or drug reactions to the materials used are rare and can be fatal. Moreover, people who are sensitive to these substances cannot be identified in advance by routine tests. However, when these undesirable conditions occur under hospital conditions, they can be successfully treated and the likelihood of harm the patient is extremely to low.

**PROCESS** 

Before general anaesthesia, the patient will not eat or drink anything for 6-8 hours with an empty stomach. After the operation, nothing will be given by mouth for at least 4-6 hours. These periods can be changed by the patient's doctor. The operation is performed under general anaesthesia. Since the suspensory ligament will be sutured again during the operation, special braided and non-melting sutures are used at this stage. It is preferable to use these types of sutures to ensure that the ligament is strong enough.

The duration of the operation takes 1.5 - 4 hours depending on the procedure to be performed. After the operation, the patient is usually monitored in the recovery room for 1 hour and then sent to his/her room. However, if nausea and similar problems occur due to anaesthesia, the duration of stay may be prolonged.

POSSIBLE RISKS ASSOCIATED WITH SURGERY
As after any operation, there may be some undesirable conditions (complications) after

this operation. Infection, bleeding, asymmetry, loss of stabilisation of the penis (more movement of the penis from left to right), loss of sensation, necrosis may occur. In order to reduce the likelihood of problems, antibiotics, painkillers and other medications recommended by the doctor should be used without interruption after the operation, and the dressing or bandage should be applied regularly. In case of any problems related to the surgery, the doctor who performed the surgery should be consulted first, since he/she is the person who can best evaluate the source and solution of the problem. Smoking and tobacco use adversely affect tissue circulation and significantly increase the of all problems possibility that may occur. Infection (inflammation) may occur after surgery. Most of the time it improves with dressing and medication. However, this may lead to skin shrinkage and contour disorders. Necessary precautions are taken against the risk of infection.

There may also be haematoma (blood collection) in the operation areas. In order to prevent bleeding during the operation, a special bleeding-reducing solution is injected into all liposuction areas and then the procedure starts. If a haematoma is formed, subsequent intervention (such as insertion of tubes called resistors through the cannula holes) may be required to drain it. If bleeding is excessive, it may be necessary to give blood. Swelling and bruising are expected in the relevant areas after the operation. These may last for several

Seroma (serum collection) may also occur at the operation site. There is no risk of this. It is usually absorbed back by the body after a while.

Although it is a very weak possibility, an allergic reaction to the drugs and suture materials used may develop. In this surgery, sensory disturbances, fluctuations, collapses, heights, symmetry disorders between the two sides may occur. These may be temporary or permanent. Skin loss is another very rare complication. In order to reduce the possibility of problems, antibiotics, painkillers and other medications recommended by the doctor should be used without interruption, dressings, bandages and special corsets should be applied regularly. In case of any problems related to the surgery, the doctor who performed the surgery should be consulted first, since he/she is the person who can best evaluate the source and solution of the Smoking and tobacco use adversely affect tissue circulation and significantly increase the possibility of all problems that may occur.

PATIENT CONSENT

My doctor told me about my problems, the type of treatment to be performed, my surgery, alternative treatments, risks and complications I might encounter. He gave me the opportunity to ask any questions I had.

I understand that I can be given serum and, if necessary, blood during the operation. I know that I can be operated again under anaesthesia if complications that may require surgical procedure develop. I know that if surgical procedure is required due to complications, I know that I will have to pay the hospital costs of these additional surgical procedures.

I understand that tissues and organs may be removed from me during the operation to remove excess skin and soft tissues, to be used in another area (called graft or flap) or for pathological examination.

I understand that scars will remain after the operation and that they will not disappear for life. I agree to do what is recommended (massage with special creams, application of silicone sheets) to keep these scars as minimal and as good as possible. I authorise the taking of medical pictures and videos of me before, during and after the operation. I understand that these pictures and videos may be shown to other doctors for medical and scientific purposes. I understand that no payment will be made to me for the use of these images and videos in medical publications (articles or books). I understand that there are also risks associated with general anaesthesia, that these are the responsibility of the anaesthesiologist, and that I will be explained separately and a form will be signed.

As a result, I understand that I am not guaranteed the result of this operation, that there is a possibility that the expected result may not be achieved for various reasons, and that even worse results may be obtained than the current situation.

This consent form may contain errors or omissions. If I have any questions about this form or the surgery, I know that I can consult my doctor via my doctor's e-mail address (oytunmd@gmail.com), mobile phone ( $+90\ 533\ 5690649$  and  $+90\ 533\ 5690649$ ).

Information about the Covid-19 pandemic: I have been informed that the surgeries were performed during the covid-19 pandemic but by taking all necessary precautions. Despite all these precautions, knowing that I can get covid-19 infection outside the hospital, I agree to be operated by taking the risks into consideration.

At the end of these, I accept the application of the "Total penis shaft rotation" surgery, which my doctor Op. Dr. Oytun idil explained to me in detail, with my own consent and without any influence.

Date: /...... / 2023

Patient's name and surname:

Signature: (please sign by writing "I READ, I UNDERSTOOD")

Relative/witness, name and surname:
The patient has signed the form in my presence, awake and conscious.
Signature: