



## THINGS TO CONSIDER AFTER MALE GENITAL AESTHETIC SURGERY

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You can be discharged 3 hours after the operation.  
Do not drive on the day of your discharge (operation day).

Do not forget to take your prescription when you are discharged.  
Cipro 500 mg tab, 1 tablet a day (use for five days is enough)  
Arvelles tab, 2 tablets a day, one in the morning and evening (it is not necessary to take 2 tablets every day, you can take them when you have pain. It is recommended to take painkillers on a full stomach and not to exceed 3 a day)

In addition to our patients who had penis enlargement surgery, Aldactone 100 mg tab. we are writing. This drug is given to reduce erections. You should take 1 per day. If an erection occurs at night after penile enlargement surgery, this erection causes pain. That's why it's important that you take aldactone. With Aldactone, you will not feel pain at night because erection is suppressed during sleep. You sleep well. The effect of the drug occurs in 3-5 days. Do not stop using Aldactone for a day or two just because it has no effect. Continue to use it regularly for up to 2 weeks, once a day. It has no permanent effect. When the drug is discontinued, its erection-suppressing effect disappears in 3-5 days.

Try to protect your dressing for 3 days after surgery. The tip of your dressing exposes the tip of the penis. So you can urinate easily. If the dressing slides towards the glans and covers the glans, remove the dressing. Do not shower until the three days are up. Apply batikon solution to the seam lines once a day until you shower.

You can take a shower in the evening of the third day after the operation. Wet your dressing under water and remove it. There is no harm in washing with soap or shower gel in the shower. Soap and shower gel are already considered disinfectants. At the end of the shower, rinse the surgical site with clear water. After getting out of the shower, dry the surgical area by pressing (compressing) with a towel. If you compress the surgical area with a paper towel, you will completely dehumidify.

Pool or sea is prohibited for 2 weeks after the operation. The reason for this is that the pool and sea water are not sterile and are considered microbes. It is important that you reduce smoking during this period (2 weeks after surgery). Smoking disrupts the union of the seam lines. There may be openings in the seams.

You can travel by plane late in the evening of the day of your surgery. If you are going to return to your country immediately that day, your doctor will give you a letter stating that you can travel by plane.

You can go to work the day after the surgery.

After the operation, sexual intercourse, massaging on the penis, masturbation, even oral sex are prohibited for 3 weeks. At the end of three weeks, you can have

intercourse.

Heavy physical activities such as sports are prohibited within 4 weeks after surgery. At the end of the 3rd week after the surgery, you can start sports slowly.

There is no need to remove the surgical sutures. Stitches are self-dissolving stitches and fall off on their own within three weeks. Dissolving stitches sometimes appear as a white discharge at the seams. This white discharge is the dissolving suture itself.

If you have the slightest question after the operation, call your doctor (+90 533 5690649), if you have a question about the image, send a photo via whatsapp.

If an operation has been performed on the testicles (testicle lift, penoscrotal web), the dressing may become slightly soiled the day after the operation. The blood supply of the testicular skin is very good, so there will be some bleeding and oozing in the first day after the operation and therefore the dressing may become dirty. In this case, the dressing should be changed the next day. This is completely expected and natural. It is recommended that patients who have undergone surgery for penile curvature should not have sexual intercourse for 1 month (4 weeks).

After surgery, You can reach Dr. Oytun idil from the following ways:

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